

# NORTH DAKOTA COLLEGIATE FOOTBALL

## UNIVERSITY OF JAMESTOWN JIMMIES



University of Jamestown coach Brian Mistro is eager to put the 2020 season behind him – with 19 good reasons – as in COVID-19.

The effects of the pandemic were felt on the field when the season got started and off the field long before opening kickoff. The result was a 1-7 record.

“It was (an impact),” Mistro said. “We had two games cancelled and three games at the beginning of the season postponed because of close contact and one game where we lost seven starters on Friday night.”

But Mistro isn’t using that as an excuse as he readies the Jimmies for the fall season. “To be honest with you, we were not where we needed to be as a team regardless of COVID,” Mistro said. “Part of the process is making sure we’re bringing in the right kids.”

Mistro said 77 recruits are coming in, mostly high-schoolers who are the “right kids.”

“I’m a firm believer that the longer they are here the better team we are going to be,” Mistro said. “We want them to stick around because right now we only have about seven seniors on our team.”

Newcomers will be leaned on to help turn things around. Last season, the offense didn’t do much to help the defense, and vice versa.

Offensively, the Jimmies were ninth or 10th in the 10-team Great Plains Athletic Conference in scoring (9th, 11.3 points per game), (9th, 253 yards per game), (10th, 75 rushing yards per game), (7th, 178 passing yards per game) and (10th, 38 quarterback sacks allowed).

Defensively, Jamestown was 10th at 40.8 points per game allowed, yards per game at 502, rushing yards per game at 218, passing yards per game at 284, and sacks at just 10 in eight games, with four of those against Briar Cliff.

Mistro pins his offensive hopes on junior quarterback **Cade Torgerson** (6-2, 190) and his ability to run a spread offense. His leading targets will likely be senior **Marcus Giles** (5-9, 175), senior **Javon Bowie** (6-0, 195) and senior **Sidney Luna-Long** (6-4, 212).

“After 2019, I made a decision to switch from a pro-style offense to a spread,” Mistro said. “Then we didn’t get spring ball, we didn’t have kids here in the summer and our fall camp got shortened. We had two weeks to install an entirely new offense.”

Torgerson still completed 124 of 246 pass attempts for 1,248 yards and seven touchdowns.

“We need him to take the next step and keep growing as a leader,” Mistro said.

Giles played in five games and caught 17 passes for 204 yards. Bowie had 19 catches for 196 yards and a TD and Luna-Long had nine catches.

Sophomore **Frankie Ingraldi** (5-8, 183) led the team in rushing with just 211 yards.

Juniors **Matt Stewart** (6-2, 300) and **Jared Frank** (6-1, 330) anchor the offensive line.

Mistro thinks his defense featuring several veterans will be improved. Senior defensive lineman **Vincent Corral** (6-2, 302) is a two-time second-team all-GPAC selection. He had career highs in total tackles (29) and solo tackles (15) last season.

Other key defensive players include senior **Jordan Olson** (6-0, 196), senior lineman **Mitchell Swartz** (6-1, 203), junior lineman **Paul Vandal** (6-2, 250), junior linebacker **Aaron Mack** (6-0, 194) and junior defensive back **Brooks Canfield** (5-11, 193).

Mistro said Canfield is a playmaker and last year made 38 tackles. “He’s guy we’re going to lean on a lot,” Mistro said.

– Scooter Pursley



Coach Brian Mistro

### 2021 SEASON

**Head Coach:** Brian Mistro (3rd year)

#### Assistant Coaches:

Jason Challeen, Shane Clancy,  
Joseph Federico, Gerardo  
Magana, Ben Kennelly

**Affiliation:** NAIA

**Conference:** Great Plains Athletic

#### Key Players

Cade Torgerson, Sr, 6-2, 190, QB  
Marcus Giles, Sr, 5-9, 175, WR  
Javon Bowie, Sr, 6-0, 195, WR  
Sidney Luna-Long, Sr, 6-4, 212, WR  
Vincent Corral, Sr, 6-2, 302, DL  
Jordan Olson, Sr, 6-0, 196, DB  
Mitchell Swartz, Sr, 6-1, 203, DL  
Matt Stewart, Jr, 6-2, 300, OL  
Jared Frank, Jr, 6-1, 330, OL  
Paul Vandal, Jr, 6-2, 250, DL  
Aaron Mack, Jr, 6-0, 194, LB  
Brooks Canfield, Jr, 5-11, 193, LB  
Frankie Ingraldi, So, 5-8, 183, RB

### 2020 RESULTS

**Great Plains Athletic Conference  
Record: 1-7**

#### Overall Record: 1-7

at Concordia NE .....L 23-3  
at Dordt.....L 66-13  
MORNINGSIDE.....L 54-7  
at Midland.....L 55-27  
HASTINGS .....L 34-7  
at Briar Cliff.....W 17-10  
DAKOTA WESLEYAN.....L 35-16  
at Northwestern (IA).....L 49-0

### UNIVERSITY OF JAMESTOWN JIMMIES

**Location:** Jamestown, ND

**Enrollment:** 980+

**Team Colors:** Orange and Black

**Stadium:** Taylor Stadium/Rollie  
Greeno Field (cap. 3,000)

**Website:** www.uj.edu  
www.jimmieathletics.com



Javon Bowie



Brooks Canfield



Vincent Corral



Jared Frank



Marcus Giles



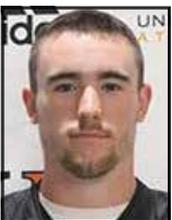
Frankie Ingraldi



Sidney Luna-Long



Aaron Mack



Jordan Olson



Matt Stewart



Mitchell Swartz



Cade Torgerson



Paul Vandal